

Product sheet

Ice lettuce seeds (7 grams)

Brand: SATURNIA

Reference: AFT 08093635



The ice lettuce seeds (7 grams) are of the Ice Queen variety (*Lactuca sativa capitata*), with crisp, slightly serrated, deep green leaves.

Its slow seed rise allows it to be grown for most of the year, with harvest even in summer.

We recommend direct sowing in seedbeds and transplanting seedlings with 6-7 leaves, with an average harvest time of 60-90 days.

The sowing depth is 1 cm, with a germination temperature between 8-25 °C and sunny exposure.

A sowing distance of 25/30 cm between plants and 30/35 cm between rows is recommended.

The seeds come in a heat-sealed bag to prevent air and light flow, increasing the chances of flowering.

Known as urban garden seeds, vegetables, aromatic and for cooking.

[View product online](#)

Description

Ice lettuce seeds (7 grams) are ideal for growing in your urban garden. The Ice Queen variety (*Lactuca sativa capitata*) is characterized by its crisp, slightly serrated, and intensely green leaves. Its slow seed growth allows for cultivation throughout most of the year, with harvests even in summer. We recommend sowing directly into seedbeds and transplanting seedlings with 6-7 leaves. The average harvest time is 60-90 days, with a sowing depth of 1 cm and a germination temperature of 8-25°C. Full sun exposure and sowing distances of 25-30 cm between plants and 30-35 cm between rows are recommended. The seeds come in a heat-sealed bag to guarantee quality and increase the chances of flowering. Get these ice lettuce seeds and enjoy your own fresh vegetables at home!

Specifications

EAN	8435450441714
Measures	7g
Weight (kg)	0,01

This document is based on the product page published in our store and is provided for information only. It is not contractual. It may contain errors or omissions and does not replace the manufacturer datasheet.

If you have any questions, [contact our support team](#)

Item downloaded on 24 October 2026